

Locktoberfest October 14th fun, fitness & fellowship!

- Explore historic and scenic canals
- Free guided group walks and bike ride



Walk 6 or 10 miles along the C&O Canal

Start Time: Guided group walks both depart at 11:30 am

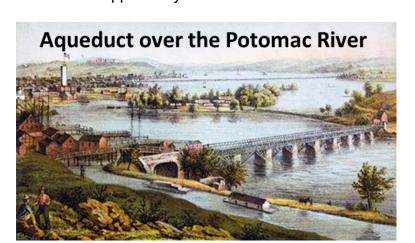
Start/Finish Location: Fletcher's Cove Boathouse

4940 Canal Road NW, Washington, D.C.

See directions below to free parking

Route Highlights: Stroll C&O Canal towpath and watch locktenders raise Georgetown canal boat in a
working lift lock. Tour National Park Service Visitor Center, admire Alexandria aqueduct bridge ruins and
site of world's largest incline plane. Optional lunch in Georgetown before returning to Fletcher's Cove.
 The 10-mile walk also includes several additional locks and an opportunity to tour a furnished lockhouse.





- Amenities: Restrooms, water, food & drink are available at Fletcher's Cove boathouse and lockhouse
- Bring: Water bottle, sunscreen and money for food and drink
- Registration: Not required in advance but arrive a few minutes early to sign event waiver.
- Volkssport Credit: Available through the American Volksmarch Association Online Start Box

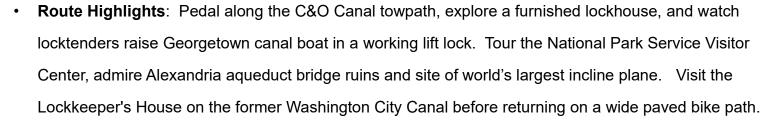
Bike 15 miles along historic and scenic canals

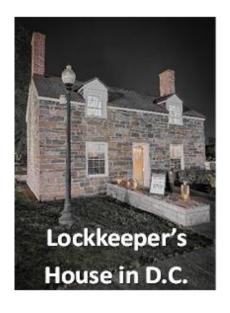
• Start Time: Guided group ride departs at 12:45 pm

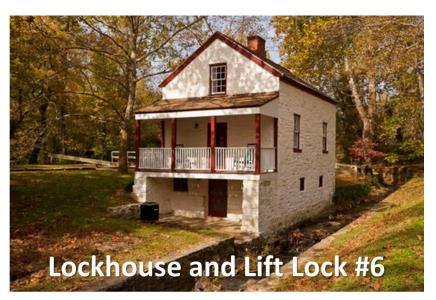
Start/Finish Location: Fletcher's Cove Boathouse

4940 Canal Road NW, Washington, D.C.

See directions below to free parking









- Amenities: Restrooms, water, food & drink and bicycle rental are available at the boathouse
 Click <u>here</u> for information about bicycle rentals at Fletcher's Cove Boathouse
- · Registration: Not required in advance but arrive a few minutes early to sign event waiver
- Bring: Bicycle helmet, water bottle, sunscreen, lock, and money for food and drink
 Since the C&O Canal towpath is natural surface, a minimum tire width of 1.25" is recommended
- Volkssport Credit: Available through the American Volksmarch Association Online Start Box

Directions to free parking at Fletcher's Cove

Address: 4940 Canal Road Northwest, Washington, DC

- 1) From I-495, take the Glen Echo exit onto Clara Barton Parkway
- 2) Follow Clara Barton Parkway until it becomes Canal Road
- 3) Continue on Canal Road until the entrance at Reservoir Road
- 4) Proceed past restroom building and through tunnel to big parking lot



If you have any questions or comments please send an email to <u>Locktoberfest2023@gmail.com</u>