



## *Locktoberfest fun, fitness & fellowship!*

- ❖ Explore historic and scenic canals
- ❖ Free guided group walks and bike ride

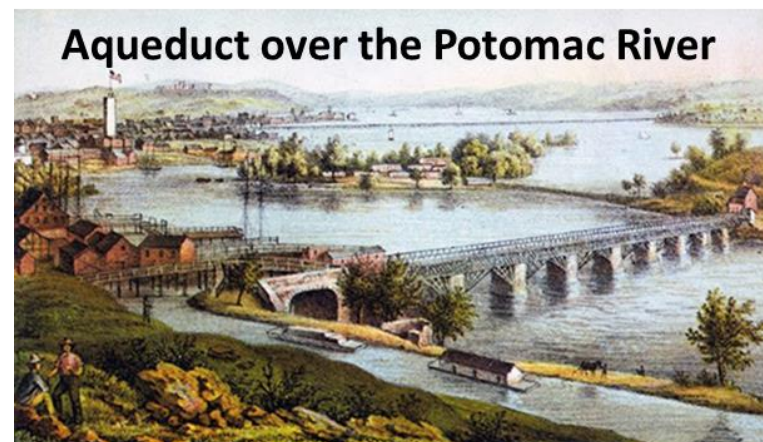


### Walk 6 or 10 miles along the C&O Canal

- **Start Time:** Guided group walks both depart at 11:30 am
- **Start/Finish Location:** Fletcher's Cove Boathouse  
4940 Canal Road NW, Washington, D.C.  
See directions below to free parking
- **Route Highlights:** Stroll C&O Canal towpath and watch locktenders raise Georgetown canal boat in a working lift lock. Tour National Park Service Visitor Center, admire Alexandria aqueduct bridge ruins and site of world's largest incline plane. Optional lunch in Georgetown before returning to Fletcher's Cove. The 10-mile walk also includes several additional locks and an opportunity to tour a furnished lockhouse.



Locktenders raising canal boat

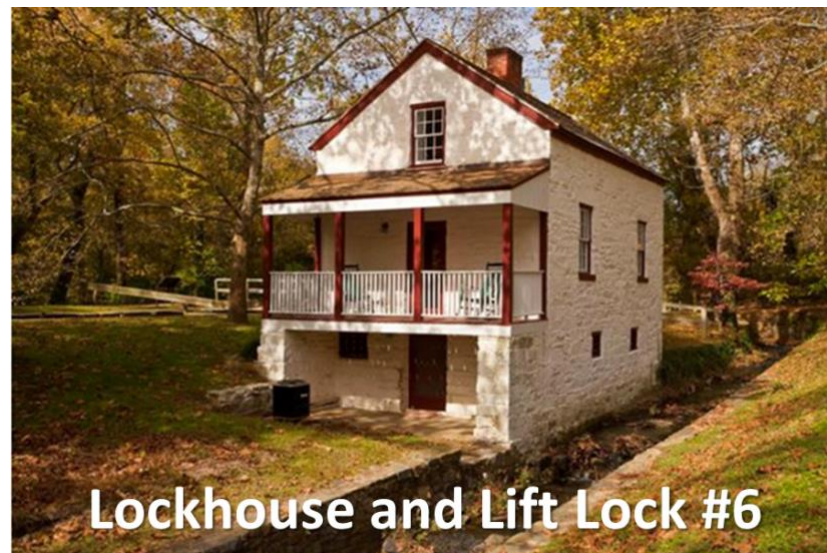
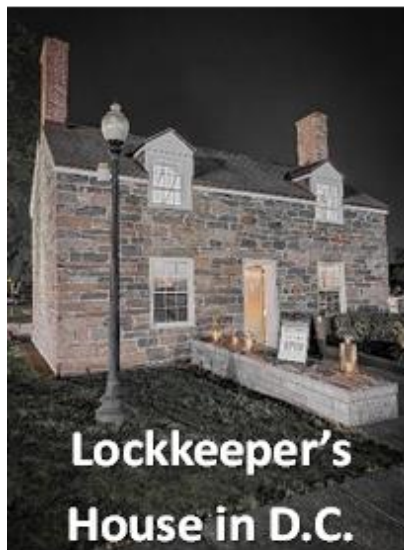


Aqueduct over the Potomac River

- **Amenities:** Restrooms, water, food and drink are available at the Fletcher's Cove boathouse concession
- **Bring:** Water bottle, sunscreen and money for food and drink
- **Registration:** Not required in advance but arrive a few minutes early to sign event waiver.
- **Volkssport Credit:** Available through the American Volksmarch Association Online Start Box

## Bike 15 miles along historic and scenic canals

- **Start Time:** Guided group ride departs at 12:45 pm
- **Start/Finish Location:** Fletcher's Cove Boathouse  
4940 Canal Road NW, Washington, D.C.  
See directions below to free parking
- **Route Highlights:** Pedal along the C&O Canal towpath, explore a furnished lockhouse, and watch locktenders raise Georgetown canal boat in a working lift lock. Tour the National Park Service Visitor Center, admire Alexandria aqueduct bridge ruins and site of world's largest incline plane. Visit the Lockkeeper's House on the former Washington City Canal before returning on a wide paved bike path.

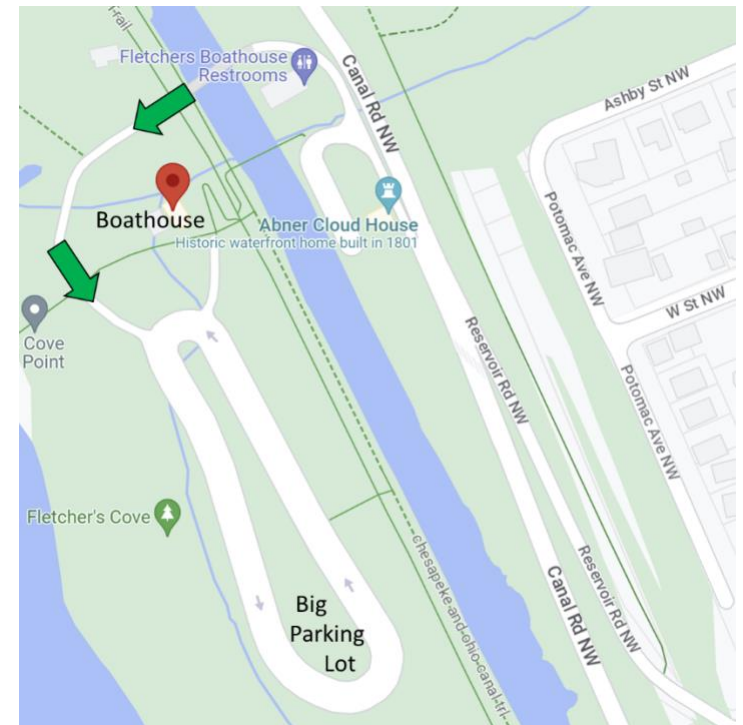


- **Amenities:** Restrooms, water, food & drink and bicycle rental are available at the boathouse  
Click [here](#) for information about bicycle rentals at Fletcher's Cove Boathouse.
- **Registration:** Not required in advance but arrive a few minutes early to sign event waiver.
- **Bring:** Bicycle helmet, water bottle, sunscreen, lock, and money for food and drink  
Since the C&O Canal towpath is natural surface, a minimum tire width of 1.25" is recommended
- **Volkssport Credit:** Available through the American Volksmarch Association Online Start Box

## Directions to free parking at Fletcher's Cove

**Address:** 4940 Canal Road Northwest, Washington, DC

- 1) From I-495, take the Glen Echo exit onto Clara Barton Parkway.
- 2) Follow Clara Barton Parkway until it becomes Canal Road.
- 3) Continue on Canal Road until the entrance at Reservoir Road.
- 4) Proceed past restroom building and through tunnel to big parking lot.



If you have any questions or comments about Locktoberfest 2023 please email Steve Brown at

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